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During Pregnancy:

- 1.1 THE FIRST TRIMESTER
- 1.2 PRENATAL CARE
- 1.3 EATING FOR TWO
- 1.4 GOING IT ALONE
- 1.5 YOUR DEVELOPING BABY
- 2.1 SMOKING WHILE PREGNANT
- 2.2 ULTRASOUND – WINDOW TO THE WOMB
- 2.3 WHAT'S SAFE, WHAT ISN'T DURING PREGNANCY
- 2.4 BONDING WITH YOUR UNBORN BABY
- 2.5 YOUR CHANGING BODY
- 3.1 THE SECOND TRIMESTER
- 3.2 UNDERSTANDING YOUR BABY'S CRY (PART 1)
- 3.3 YOUR UNBORN BABY'S SECRET WORLD
- 3.4 REDUCING THE RISK OF SIDS
- 3.5 UNDERSTANDING YOUR BABY'S CRY (PART 2)
- 4.1 THE THRID TRIMESTER
- 4.2 GETTING READY FOR THE BABY
- 4.3 EYE CONTACT WITH YOUR BABY MEANS LOVE
- 4.4 INFANT TEMPERAMENT
- 4.5 THE IMPORTANCE OF BONDING WITH YOUR BABY

CHILDBIRTH EDUCATION – THE GIFT OF MOTHERHOOD

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After Your Baby is Born:

- 5.1 INFANT EXPECTATIONS
- 5.2 INFANT HYGIENE
- 5.3 SIMPLE INFANT CARE
- 5.4 CARING FOR YOURSELF AFTER CHILDBIRTH
- 5.5A FIRST YEARS LAST FOREVER
- 5.5B CHILDHOOD IMMUNIZATIONS
- 6.1 PARENT-CHILD RELATIONSHIP
- 6.2A SAFE FROM THE START
- 6.2B INFANT CPR TRAINING
- 6.3 PARENTING WITH RESPECT
- 6.4 QUALITY CHILD CARE
- 6.5 TALK, PLAY, MUSIC AND READING
- 7.1 EMERGENCY FIRST AID – ACCIDENTS
- 7.2 EMERGENCY FIRST AID – ILLNESSES
- 7.3 CAR SEAT SAFETY
- 7.4 YOUR BABY CAN SLEEP
- 7.5 FAMILY VIOLENCE – IMPACT ON CHILDREN
- 8.1 FOOD FOR GROWTH
- 8.2 LOOKING AT ADOPTION
- 8.3 YOUR BABY’S DEVELOPMENT
- 8.4 PREVENTING CHILD SEXUAL ABUSE
- 8.5 SHAKEN BABY SYNDROME
- 9.1 POSTPARTUM FROM PREGNANT TO PARENT
- 9.2 YOUR HEALTHY BABY
- 9.3 READY TO LEARN
- 9.4 HAPPIEST BABY ON THE BLOCK
- 9.5A TOILET TRAINING
- 9.5B TOILET TRAINING

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Breast Feeding

10.1 GOALS AND BENEFITS OF BREASTFEEDING

10.2 TECHNIQUES AND A GOOD LATCH

10.3 GETTING ENOUGH MILK

10.4 GROWTH SPURTS AND ESSENTIALS

10.5 RETURNING TO WORK

First Year Milestones

12.1 INTRO TO FIRST YEAR MILESTONES

12.2 NEWBORN MILESTONES

12.3 THREE TO FOUR MONTH MILESTONES

12.4 SIX TO NINE MONTH MILESTONES

12.5 12 MONTH MILESTONES

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Toddlers

- T1.1 (11.1) 12 MONTHS: BIG CHANGES
- T1.2 (11.2) 15 MONTHS: GROWING UP
- T1.3 (11.3) 18 MONTHS: MY PERSONALITY
- T1.4 (11.4) 2 YEARS: INDEPENDENT
- T1.5 (11.5) 3 YEARS- BIG KID
- T2.1 LIFE WITH TODDLER
- T2.2 TANTRUMS: ATTITUDE ADJUSTMENT
- T2.3 TANTRUMS: BATTLE PLAN
- T2.4 MORE TODDLER NUTRITION
- T2.5 SIGN WITH YOUR BABY
- T3.1 WHINING AND ARGUING
- T3.2 LOVE AND LOGIC STRATEGIES
- T3.3 BEDTIME, MORNINGS AND POTTY TRAINING
- T3.4-1 A SLEEPEASY SOLUTION
- T3.4-2 A SLEEPEASY SOLUTION
- T3.5 THE HAPPIEST TODDLER

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Parenting 2-12 *1-2-3 Magic*

P1.1 PART 1 STRAIGHT THINKING

P1.2 PART 2 THE 1-2-3

P1.3A REAL WORLD APPLICATION |

P1.3B WHEN THERE IS AN AUDIENCE

P1.3C&D VARIATIONS AND GETTING STARTED

P1.4 TESTING AND MANIPULATION

P1.5 COUNTING IN ACTION AND CONCLUSION

P2.1 INTRO & REV.—7 TACTICS 4 ENCOURAGING GOOD BEHAVIOR

P2.2 SEVEN TACTICS FOR ENCOURAGING GOOD BEHAVIOR

P2.3 SPECIFIC APPLICATION

P2.4 FAM. MEETING—10 STRATEGIES FOR BUILDING SELF-ESTEEM

P2.5 BUILDING SELF-ESTEEM AND THE PAYOFF

Parenting the Early Years

P3.1 AFFIRMING, ATTENTIVE, AND CONNECTED

P3.2 DISCIPLINE AND CONSEQUENCES

P3.3 STYLES AND ROLES

P3.4 WORRIER OR VISIONARY

P3.5 LEAVING A GODLY LEGACY

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Hidden Keys to Successful Parenting

- P4.1 DISCOVERING WHAT TYPE OF PARENT YOU ARE
- P4.2 DISCOVERING YOUR CHILD'S PERSONALITY TYPE
- P4.3 OVERCOMING THE MAJOR DESTROYER OF FAMILIES
- P4.4 PROVIDING LOVING SUPPORT TO YOUR CHILD
- P4.5 CONTRACTS: SETTING LIMITS
- P5.1 DEVELOPING A CLOSE-KNIT FAMILY
- P5.2 TEN WAYS TO MOTIVATE YOUR CHILD
- P5.3 USING THE "SALT" PRINCIPLE
- P5.4 THE SEED OF SELF ESTEEM
- P5.5 HOW TO MAKE YOUR CHILD FEEL SPECIAL

Essentials of Parenting

- P6.1 WHY YOUR CHILD NEEDS DISCIPLINE
- P6.2 IRRESPONSIBILITY VS DEFIANCE
- P6.3 ANGER VS ACTION
- P6.4 FINDING THE BALANCE IN DISCIPLINE
- P6.5 TO SPANK OR NOT TO SPANK
- P7.1 COMPIANT VS DEFIANT
- P7.2 CHANGING DISCIPLINE WITH TIME
- P7.3 CHANGING DISCIPLINE WITH TIME—PART 2
- P7.4 PROTECTING THE SPIRIT
- P7.5 THE ULTIMATE PRIORITY

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Boundaries with Kids

P8.1 PARENTING WITH AN EYE TO THE FUTURE

P8.2 EIGHT KEY ASPECTS OF CHARACTER

P8.3 BOUNDARIES FOR KIDS AND THEIR PARENTS

P8.4 OVERCOMING OBSTACLES TO BOUNDARY TRAINING

P8.5 WHAT WILL HAPPEN IF I DO THIS?

P9.1 PULLING MY OWN WAGON

P9.2 I CAN'T DO IT ALL, BUT I'M NOT HELPLESS EITHER

P9.3 I'M NOT THE ONLY ONE WHO MATTERS

P9.4 LIFE BEYOND "BECAUSE I'M THE MOMMY"

P9.5 PAIN CAN BE A GIFT

P10.1 TANTRUM NEEDN'T BE FOREVER

P10.2 I AM HAPPIER WHEN I AM THANKFUL

P10.3 JUMP-STARTING MY ENGINE

P10.4 HONESTY IS THE BEST POLICY

P10.5-1 ROLL UP YOUR SLEEVES PART 1

P10.5-2 ROLL UP YOUR SLEEVES PART 2

P10.5-3 ROLL UP YOUR SLEEVES PART 3

Special Circumstances

S1.1 CHILD ABUSE AND NEGLECT

S1.2 FETAL ALCOHOL EXPOSURE

S1.3 CRYSTAL METH

S1.4 UNBORN ADDICTS

S1.5 MISCARRIAGE—FOOTPRINTS ON OUR HEARTS

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Homes of Honor Relationship Series

SES 1 DISCOVERING THE VALUE OF YOUR PERSONALITY

SES 2 THE LANGUAGE OF LOVE: EMOTIONAL WORD PICTURES

SES 3 THE INCREDIBLE WORTH OF A WOMAN

SES 4 FIVE KEYS TO LOVING AND LASTING RELATIONSHIPS

SES 5 DISCOVERING THE KEY TRAITS OF HEALTHY RELATIONSHIPS

SES 6 THE VALUE OF A MAN

SES 7 THE SECRET OF A CLOSE-KNIT FAMILY

SES 8 FINDING FULFILLMENT: DISCOVERING THE SOURCE OF LIFE

SES 9 FINDING TREASURES IN HARDSHIPS AND TRIALS

Positive Partnership

R1W.1 HEALTHY BOUNDARIES (WOMEN)

R1W.2 COHABITATION (WOMEN)

R1W.3 MAKING THE MARRIAGE CHOICE (WOMEN)

R1W.4 STAYING MARRIED (WOMEN)

R1W.5 SINGLE PARENTING (WOMEN)

Abstinence

L1.1 IT'LL NEVER HAPPEN TO ME

L1.2 THE HEART OF THE MATTER

L1.3 WHAT DOES GOD SAY?

L1.4 CHARACTER MATTERS

L1.5 MAKING THE COMMITMENT

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Money Management

WEEK 1 SUPER SAVING

WEEK 2 RELATING WITH MONEY

WEEK 3 CASH FLOW PLANNING

WEEK 4 DUMPTING DEBT

WEEK 5 BUYER BEWARE

WEEK 6 THE ROLE OF INSURANCE

WEEK 7 RETIREMENT & COLLEGE PLANNING

WEEK 8 REAL ESTATE & MORTGAGES

WEEK 9 THE GREAT MISUNDERSTANDING

Money Management

L2.1 MONEY MANAGEMENT 101

L2.2 BASICS OF BUDGETING

L2.3 CHECKING ACCOUNTS

L2.4 POSITIVE CREDIT

L2.5 SAVING FOR THE FUTURE

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Bible Study

B1.1 WHAT IS THE BIBLE

B1.2 HOW DID WE GET THE BIBLE

B1.3 A DASH THROUGH THE PENTATEUCH

B1.4 ISRAEL BECOMES A NATION

B1.5 WALKING WITH THE ISRAELITES

Citizen of the Kingdom Bible Study (9 Sessions Total)

PRIMARY LESSON ON SALVATION

LESSON 1 NEW KINGDOM

LESSON 2 SPIRITUAL MARATHON

LESSON 3 GETTING IN SHAPE

LESSON 4 COMMANDMENTS

Gospel Bible Study (John)

LESSON 1 SPIRITUAL LIFE

LESSON 2 THE DIVINE RESPONSE TO MAN'S PROBLEM

LESSON 3 THE SOLUTION TO OUR PROBLEM

LESSON 4 THE NEW LIFE—ETERNAL & ABUNDANT

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